

St. Raymond of the Mountains Church
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Celebrating 100 Years 1919 — 2019

January 10, 2019

Dear Friends of St. Raymond,

As our Christmas season continues and we enter 2019, I am sure we all have reflected over the past year's activities and envision what this year's journey has in store for us — the ups and down, the highs and lows and the mysteries that it offers.

During this time of year we experience more darkness than light due to the seasonal affects of winter. People may have less energy, be more confused, experience more sadness or even become irritable and depressed. This is due to the lack of sunshine and is called seasonal affective disorder (SAD). We can help remedy this by taking some supplements or even light therapy. But there continues to be one light that always shines — eternal light. This light doesn't lessen it becomes stronger. We feel it in a smile, an embrace and a full heart. We enjoy the peace that overwhelms us. We share this light with one another and experience our Lord's presence. Let this light continue to shine for each and everyone of you this year and always.

Father Teo and I extend our blessings to all of you. Please remember, if you are visiting on the mountain, staying here for the winter or simply passing through, come celebrate daily Mass at 8 a.m., Monday, Tuesday, Wednesday and Thursday and First Friday of each month in St. Raymond Chapel or Saturday (Vigil) at 4:30 p.m., and Sundays 8 and 10:30 a.m. Come share our love for Christ in our lives and with our family and friends. And please visit our website www.straymondchurch.org for updated information.

Sincerely in Christ,

Rev. Richard J. Kosisko, *Administrator*

2019 Upcoming Events:

Night at the Races, 5:30 p.m., February 16

Turkey Dinner, 11:30 a.m.-2 p.m., Sunday, March 10

Half Barbeque Chicken Dinner, 11:30 a.m.-2 p.m., May 19

Chicken & Rib Dinner, 11:30 a.m.-2 p.m., August 11

100th Anniversary Celebration, 11:30 a.m.-2 p.m., Sunday, September 8

100th Anniversary Commemorative Ornament, selling throughout 2019